



WELL FED

Newsletter for Wellspring Farm CSA

www.wellspringcsa.com

October 3, 2005

Farmer's Report (aka My Oscars Speech)

As I look over the fields on this glorious fall day, with its brilliant colors, invigorating breeze and precious sunshine, I feel so much gratitude for everything and everyone that makes our farm possible. From my farmer mentors to the soil that has held me, from our committed members and our supportive central Vermont community, from the folks who unexpectedly arose to help when times were hard to this beautiful landscape that makes me stop my work in wonder -- all have graced our farm and made the rough spots smoother and the good times better. I also feel pride in the work I do (which never feels very easy and always feels so precious), and I reaffirm my commitment to giving this small scale, community-driven farm the best I have to offer.

Thank you to each and every CSA member, restaurant and wholesale account. You have each made a difference for this farm. Many members asked not what your farm can do for you, but what you can do for your farm. I thank these many members -- and you know who you are -- for adding so much value and willing community spirit to our CSA. It is your efforts that give our CSA soul.

As cliché as it may sound, words truly can never express my gratitude to Amanda Payne, Wellspring Farm apprentice for two years. Amanda's tireless energy, commitment, integrity, positive spirit, eagerness to learn and incredible willingness to be challenged has made every step of the way possible. I could not have done it without her, and I will sorely miss farming without her by my side -- digging potatoes, spreading Remy, laying black plastic, singing off tune to Greg Brown songs. Apprentices are surely the backbone of any small vegetable farm that is lucky enough to have a good one; and Wellspring has had the best.

Lastly, a thousand freshly picked flowers for my partner Parker, my sunshine in the cold rain, my wrench in a mechanical breakdown (be it literal or figurative), my most vital cheerleader. I would not do it without you.

Thank you all for indulging me.

WINTER SHARE HOLDERS

Winter shares will be distributed on the last pick up date. Please allow extra time - perhaps 15 minutes - to collect your winter share, AND please bring a few boxes, bins or extra bags to use for your share. Expect approximately 45 lbs. of produce. Storage instructions will be included.

**Happy Fall!
See you all next season.**

When will we meet again?

Look for our winter newsletter and 2006-membership brochure in your mailbox in late winter.



Well Spring Team,
Thank you for a wonderful season.
Love,
Your Appreciative
Members