

Cleary Family Farm

John & Lauren Cleary

Welcome to our farm!



We believe in the respectful care of animals and select breeds that thrive in an

Cows on grass—doing what they do best!

organic system.

Pigs— Our heritage breeds are raised on organic grain, milk, and pasture. Pigs love to root through the fields and forest and help to renovate our old pastures.

Cows— Our herd is rotationally grazed through certified organic pastures to assure consistent high quality feed. Winter feed consists of certified organic hay and mineral supplements.

Chickens— Following the cows, the chickens scratch for bugs and worms, helping to clean the fields. Their diet is completed by a ration of organic grain.



Lambs— Sheep are a natural fit for our rolling hills. Our Tunis and Fresian lambs come from a local sheep dairy at weaning and are grazed until the fall.



Price List

Prices are for finished, packaged product, processed under USDA inspection and vacuum sealed. Whole and half animal will be cut to customer specifications. All boxes of mixed cuts will generally contain 1/3 ground, 1/3 roasts and mid-range cuts, and 1/3 prime cuts. Individual cuts also available, call for prices or visit us at the Plainfield Farmers' Market.

PASTURED PORK

-20 LB. BOX.....	\$6.50/lb.
-HALF.....	\$5.00/lb.
-WHOLE.....	\$4.50/lb.

SMOKING AND CURING (BACON, HAMS, ETC.) AVAILABLE FOR \$2/LB

GRASS-FED BEEF

-20LB. BOX.....	\$6.50/lb.
-50LB. BOX.....	\$5.00/lb.

GRASS-FED LAMB

- HALF.....	\$8.00/lb.
- WHOLE.....	\$7.00/lb.

CHICKEN- CERTIFIED ORGANIC

- 1 Chicken (ave. size 4lbs.).....	\$4.00/lb.
- 2 or More.....	10% off
- 10 or More.....	20% off

Professionally processed on-farm

THE FARM BOX

- 50 LB. BOX OF PORK, BEEF, AND LAMB PLUS 2 CHICKENS.....	\$6.00/lb.
---	------------

Eggs— Certified organic eggs available starting Sept. 2009



Order Form

Please call or e-mail prior to order to confirm availability!

Sign up for:	Quantity	Deposit
<input type="checkbox"/> Pork— 20lb. Box	_____	\$50 Deposit
<input type="checkbox"/> Pork— Half pig	_____	\$50 Deposit
<input type="checkbox"/> Pork— Whole Pig	_____	\$50 Deposit
<input type="checkbox"/> Beef— 20lb. Box	_____	\$50 Deposit
<input type="checkbox"/> Beef— 50lb. Box	_____	\$50 Deposit
<input type="checkbox"/> Lamb— Half	_____	\$50 Deposit
<input type="checkbox"/> Lamb— Whole	_____	\$50 Deposit
<input type="checkbox"/> The Farm Box— 50lb.	_____	\$50 Deposit
<input type="checkbox"/> Chicken	_____	\$5 Deposit/bird

Total Deposit Enclosed: _____

Balance Due at Pick-up

Name _____

Address _____

E-mail _____

Phone _____

Notes regarding order:

CLEARY
FAMILY FARM

137 Gray Rd.
Plainfield, VT 05667

Phone: 802-454-8614

E-mail: johnlauren@ezcloud.com

Our Farm

The Cleary Family Farm is located in the shadow of Spruce Mountain in Plainfield, VT. We, John, Lauren and our three children have a strong commitment to raising healthy food for the local community. Our farming methods are sustainable and organic and aim to regenerate the soils of this hillside farm.

Our farm specializes in direct marketing of high quality grass-fed livestock products. The cool climate and plentiful moisture of our mountain valley is well suited to grazing. Rotating cows, pigs, sheep, and chicken through our 25 acres of pasture keeps life interesting and maximizes the productivity of this small farm.



All of our animals are raised as nature intended—grazing in the fresh air and sunshine. Grass-fed meat, eggs, and milk have higher levels of beneficial

Everyone helps around the farm. Stop by for a visit!

fatty acids (omega-3s), are lower in saturated fats and simply taste delicious.

Healthy Animals = Healthy Food!



CLEARY
FAMILY FARM

137 Gray Rd.
Plainfield, VT 05667

Phone: 802-454-8614
E-mail: johnlauren@ezcloud.com

CLEARY
FAMILY
FARM



Producing high quality
grass-fed meats

2009 Price List & Order Form